



DRAFT MEETING MINUTES

**MINUTES WILL BE ADOPTED AT NEXT FULL COMMISSION MEETING
AUDIO IS AVAILABLE UPON REQUEST (CAITLIN.SHAUCK@DC.GOV)**

AGENDA

**Healthy Youth and Schools Commission
Strategic Planning
April 26, 2019
3-5 p.m.**

Welcome and Introductions

Review of Healthy Youth and Schools Commission Purpose

Review Working Group Goals and Action Steps

Final Discussions, Closeout, and Next Steps

Visits to School Gardens and Outdoor Classrooms

Agenda for May Public Meeting

- Public Announcement of Strategic Plan
- DC Green Schools Program

**Healthy Youth and Schools Commission
Strategic Planning
April 26, 2019
3-5 p.m.**

This meeting summary serves as a review of the April 26, 2019 Healthy Youth and Schools Commission Strategic Planning Meeting held at the Office of the State Superintendent of Education (OSSE, 1050 First Street NE, Sixth Floor, Washington, DC 20002). An audio recording is available upon request (Caitlin.Shauck@dc.gov). The purpose of the Healthy Youth and Schools Commission is to advise the Mayor and DC Council on health, wellness, and nutritional issues concerning youth and schools in the District of Columbia.

Commissioners in Attendance: William Dietz, Kristy McCarron, Heidi Schumacher, Charneta Scott, Jeff Travers

Commissioners in Attendance via Phone: Robin Diggs, Taryn Morrissey, Beverley Wheeler, Maggie White

Welcome and Introductions

- The meeting opened at 3:00 p.m., and each of the commissioners in attendance introduced themselves.

Review of Healthy Youth and Schools Commission Purpose

- Caitlin Shauck, Policy Analyst at OSSE, led a review of the purpose and functions of the Commission, as detailed in the Healthy Schools Act of 2010.
- Commissioner Heidi Schumacher noted that the Commission should think about ways to engage and advise other agencies and partners in addition to OSSE in order to not narrow the focus.
- Commissioner William Dietz noted that the Commission has not completed many activities in the areas of identifying funding gaps or advising on ongoing programs of public information.
- Chairman Jeff Travers commented that the Commission has focused more on advising, as the commissioners are not necessarily qualified or equipped to complete other public outreach. He noted that OSSE could show communications to the Commission before sending them to the public for the Commission to react to and provide feedback.

Review Working Group Goals and Action Steps

- The Commission reviewed each of the proposed goals and action steps from the working groups and offered edits and feedback.
- The Commissioners had the following feedback for the ACEs Working Group Proposed Goal:
 - Commissioner William Dietz mentioned that in his community resistance work they have been talking about how to identify students who are not identified via the population-based strategies. He brought up the possibility of using chronic absenteeism, expulsion, referrals to juvenile justice.
 - Commissioner Heidi Schumacher explained that data on referrals to juvenile justice are more difficult to gather. She also asked whether the conversation is about aggregate data or school-level data.
 - Commissioner William Dietz explained that he meant aggregate because the baseline will hopefully change as programs are implemented. The data could then be used as a baseline to compare longer term how successful the programs have been.
 - Chairman Jeff Travers noted that some of this is included in Action Step #2, which does not necessarily need to wait until the second year to begin. We want to bring the data together in one place.
 - Commissioner William Dietz asked if it is a big stretch to get the data.
 - Commissioner Heidi Schumacher explained that it will depend on the level of cut that the Commission wants for data that are not publically available.
 - Commissioner Charneta Scott clarified that the data on trauma training is referring to the behavioral health trainings.
 - Commissioner Audrey Williams had sent in feedback that much of this work is already being done by the Coordinating Council on School Mental Health but there are schools that are not in the cohort who need support.

- Chairman Jeff Travers noted that we still do not know what the need is across all the schools.
- Commissioner Robin Diggs commented that we are waiting for some of the data to be provided. The action step is to share available data with the working group.
- Commissioner Charneta Scott commented that she and Commissioner Heidi Schumacher can inform the Commission based on their work with the Coordinating Council on School Mental Health.
- Chairman Jeff Travers said that the action step can be fine-tuned to focus on resources for schools that are not currently getting support.
- Commissioner Heidi Schumacher commented that OSSE's Health and Wellness Division can support given the data that the division is already collecting in support of its strategic plan.
 - Commissioner William Dietz asked if the school level data from the School Health Profiles could be combined with absenteeism and expulsion data to identify hotspots.
 - Commissioner Heidi Schumacher verified that would be possible.
- Chairman Jeff Travers commented that a bullet should be added for layering data that may be more telling about specific areas of need, which could support a call for more urgent funding if the data show that there is a need.
 - Commissioner Heidi Schumacher commented that the Commission will need to be prepared for a reasonably long lead time to get the data bumps.
 - Commissioner William Dietz commented that his center does now have a data statistician for overflow analyses.
 - Commissioner Robin Diggs also commented that she has a new data team that could support on data analysis.
- Commissioner William Dietz asked for more information on the Healthy Communities Collaborative.
 - Commissioner Heidi Schumacher explained that it relates to the community health needs assessment requirement. It is a group of community organizations that completes the community health needs assessment and corresponding action plan, which is released publically.
- Chairman Jeff Travers commented that Action Step #2 is looking at more medium- to long-term than Step #1.
- Commissioner William Dietz raised the concern that people think about trauma as physical trauma. Need to be careful about the language.
- Commissioner Heidi Schumacher commented on including coordination with the Coordinating Council on School Mental Health and Project AWARE work in Action Step #2.

- Commissioner William Dietz suggested using the term adverse experiences instead of trauma.
- Kyle Flood, Manager of Policy and Compliance at OSSE, noted that the Commission could include in its recommendations the language that should be used to talk about this work.
- Public attendee Kate Woolf noted that the goal states that the work will be informed by students but they were left out of the action steps.
- Commissioner Charneta Scott commented that families should also be included in the engagement. She also asked about the status of the School Climate Survey.
- Commissioner Heidi Schumacher responded that she thinks DCPS has taken a change of approach for their survey.
 - Commissioner Maggie White said that she was not sure if DCPS is changing anything.
- The Commissioners had the following feedback for the Data and Quality Working Group Proposed Goal:
 - Commissioner William Dietz commented that it might be helpful to put parameters around the data that the District does not have. It can be reworded to gaps in current surveys.
 - Chairman Jeff Travers commented that there were concerns about whether the data tells us what is really happening in schools.
 - Commissioner William Dietz noted that data can be both qualitative and quantitative.
 - Chairman Jeff Travers commented that the commission can add the word qualitative to the language of the goal.
 - Commissioner William Dietz asked about the intent behind the wording “data bump.”
 - Caitlin Shauck, Policy Analyst at OSSE, explained that this means getting data that different agencies own and combining it in new ways.
 - Commissioner Taryn Morrissey suggested that it be reworded to “points of comparison” instead of “data bumps.”
 - Commissioner William Dietz commented that the major step of Action Step #3 is to share the data rather than sharing it within schools to change practice. It is lacking how the data are turned back to schools to influence practice.
- Commissioner Beverley Wheeler will share the latest edition of the school breakfast scorecard with the commissioners.
- The Commissioners had the following feedback for the first Nutrition and Meals Working Group Proposed Goal:

- Commissioner Beverley Wheeler shared meal participation data: 67% for breakfast, 21% for afterschool, and 47% for summer.
 - Commissioner William Dietz asked for clarification that this is the percent of eligible students.
 - Commissioner Beverley Wheeler clarified that it is of the students who are eating free and reduced lunch, these are the students eating breakfast, afterschool, or summer meals.
 - Commissioner William Dietz asked if the afterschool number is of students who participate in afterschool activities or of all students.
 - Commissioner Beverley Wheeler explained that it is all free and reduced students who eat lunch, which makes the data funky because not everyone is in an afterschool program.
 - Commissioner Heidi Schumacher explained that the goal is that for free and reduced students who eat lunch, they would also eat these other meals too.
 - Commissioner Kristy McCarron explained that part of the working group's goal is to understand how to reach students who are not participating in afterschool activities.
- Commissioner Kristy McCarron commented that the action steps should include surveying students in addition to families.
- Commissioner William Dietz asked if CACFP is included in the goal.
 - Commissioner Beverley Wheeler explained that CACFP is used for the at-risk afterschool meals.
 - Commissioner William Dietz asked if it is used more broadly in the District and who has authority.
 - Commissioner Heidi Schumacher explained that OSSE has authority.
 - Commissioner William Dietz asked if the goal should consider CACFP and meals outside of the schools.
 - Commissioner Kristy McCarron commented that the Y runs programs in places where CACFP will not cover.
 - Commissioner Heidi Schumacher commented that it is a good point about what is within scope of the Commission, and the Commission should be able to be expansive of what impacts students and schools. She also acknowledged the importance of being mindful of scope-creep.
 - Commissioner William Dietz commented that there might not be an effective way to monitor.
 - Commissioner Kristy McCarron commented that she would guess that most of the sites that are not participating would not be because of regulations from OSSE, but would be super site-specific.

- Commissioner William Dietz asked who has the list of sites participating in CACFP.
 - Commissioner Heidi Schumacher responded that OSSE does.
 - Chairman Jeff Travers notes that this could all be covered in the Action Step, as it is worded broadly to say government agencies.
 - Commissioner Heidi Schumacher commented that the Commission could start with a more limited scope of data, being mindful of capacity, but think about tiered analysis or tiered engagement.
- Commissioner Robin Diggs commented that there should be distinction between participation and access because just because a student is not participating in breakfast does not mean that they are not receiving access. The goal should be access to breakfast and how families are perceiving the meal program.
 - Commissioner Heidi Schumacher commented that it might be as simple as rewording Action Step #1 to include access and participation.
 - Commissioner Robin Diggs agreed and commented that to not have participation at 100% does not necessarily mean there is anything wrong with the meal program.
- Commissioner William Dietz clarified that Action Step #2 is based on the research and engagement of Action Step #1.
- Dave Esquith, Director of Policy, Planning, and Strategic Initiatives at OSSE, asked if quality and healthy are being used synonymously.
 - Commissioner William Dietz commented that he thinks so, and that they can be used interchangeably.
 - Commissioner Kristy McCarron commented that the only way she sees a difference is at it relates to the Good Food Purchasing Program (GFPP) with growing practices.
 - Commissioner Heidi Schumacher asked if there is a distinct difference.
 - Commissioner William Dietz commented that he thinks quality encompasses healthy foods. He asked if the GFPP contains an aspect of sustainable production.
 - Commissioner Kristy McCarron responded that that is essentially what it is.
 - Commissioner William Dietz asked if there are specific goals to be achieved with the Good Food Purchasing Program.
 - Commissioner Kristy McCarron said she is not sure of the specifics.
- Commissioner Charneta Scott asked how taste factors in.
 - Commissioner Heidi Schumacher commented that she thinks that is part of quality.

- Chairman Jeff Travers commented that engaging with school staff and students around food desirability is important.
- Commissioner William Dietz commented that it might be worth adding waste and strategies to reduce waste to the goal.
- Commissioner Kristy McCarron commented that she just learned that about 30 schools are composting.
 - Commissioner William Dietz asked what the schools do with it.
 - Kyle Flood, Manager of Policy and Compliance at OSSE, explained that DGS collects it.
- The Commissioners had the following feedback for the second Nutrition and Meals Working Group Proposed Goal:
 - Commissioner Kristy McCarron explained that the summit in July will be for nutrition educators across the city to collect data on what is being taught to identify gaps.
 - Chairman Jeff Travers asked where nutrition education happens, whether it happens in health classes in school.
 - Commissioner Kristy McCarron responded that that is what they are trying to find out. They think a lot of it happens outside of schools in community-based organizations.
 - Commissioner Heidi Schumacher commented that even in the school setting it can be from a health educator or it could be from a number of other individuals. It could be incorporated in a science class, in cafeteria staff's engagement with students, etc.
 - Commissioner Kristy McCarron commented that people are starting to realize that so many people are overlapping in the same space. They are trying to figure out if parents and students are being taught the same thing.
 - Commissioner William Dietz commented that maybe nutrition education can be tied to meals in schools or there could be a campaign for reducing food waste.
 - Commissioner Heidi Schumacher commented that OSSE works through the school gardens program, which is funded by the Healthy Schools Act, on incorporating nutrition education as part of growing healthy food.
 - Kyle Flood, Manager of Policy and Compliance at OSSE, commented that this also overlaps with environmental literacy.
 - Chairman Jeff Travers commented that the Action Steps should include engaging with students and families.
 - Dave Esquith, Director of Policy, Planning, and Strategic Initiatives at OSSE, asked what the report would address.
 - Commissioner Kristy McCarron responded that it will be a needs assessment.

- Chairman Jeff Travers commented that the wording needs to be more specific than report.
- Commissioner Heidi Schumacher commented that these goals seem like a lot and to make sure it is realistic. Commissioners need to be tapped to lead each of the goals.
 - Chairman Jeff Travers commented that this should be the focus of May's meeting, ensuring that the goals are achievable. They may need to be paired back.
 - Commissioner William Dietz asked whether oversight will remain with the working group.
 - Commissioner Heidi Schumacher offered that the subcommittees might do the engagement and work outside of the full commission meetings and then give reports at the full commission public meetings. This format has worked well for the Coordinating Council on School Mental Health. Each working group would need a chair.
 - Commissioner Charneta Scott added that this is also a way to get subject matter experts on the committees.
- The Commission reviewed the agenda for the May meeting, which will include information on the DC Green Schools program.
 - Chairman Jeff Travers commented that the commission should have an operational conversation and then vote on the plan. Someone from each working group would need to present out on the goals.
 - Commissioner Heidi Schumacher recommended that folks confirm who is owning each goal before voting to ensure capacity.
- Commissioner Heidi Schumacher recommended that the Commission flush out responsibilities of goal owners.
 - The Commission brainstormed the following: draft timelines, identify potential members, leading meetings, developing agendas, sharing progress at full commission meetings, delegating tasks to working group members, meeting regularly with a staff liaison at applicable government agency, coordinate with Commission chair prior to full commission meetings, time commitment
- Caitlin Shauck, Policy Analyst at OSSE, announced that she will again send out information about school garden, school-based health center, outdoor classroom visits.
 - Commissioner William Dietz asked that the Commission visit a rooftop garden.
- Chairman Jeff Travers asked Commissioner Beverley Wheeler to present on the meals report at the full commission meeting in May.
- The meeting closed at 4:30 p.m.