

#### Pharmacy Workforce Suicide Awareness Day Is September 20

From NABP <news@nabp.pharmacy>

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## Pharmacy Workforce Suicide Awareness Day Is September 20

#### The American Pharmacists Association, American Society of

<u>Health-System Pharmacists</u>, and other pharmacy organizations have established September 20 as Pharmacy Workforce Suicide Awareness Day. This initiative aims to raise awareness and provide resources to help pharmacy professionals address mental health and well-being challenges.

Health care professionals who are having thoughts of suicide are encouraged to call <u>988</u>, the national Suicide & Crisis Lifeline, or text HOME to <u>741741</u>, the Crisis Textline, to talk to a mental health professional.

**Raise Awareness** 

## CDC Recommends COVID-19 Vaccines (2024-2025 Formulas) for All Individuals Ages Six Months and Older

The Centers for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices is recommending the 2024-2025 COVID-19 vaccines for everyone six months and older. People who are pregnant, breastfeeding, or might become pregnant in the future are also encouraged to get the vaccine, according to the agency. <u>Food and Drug</u> <u>Administration (FDA)</u> has authorized the following COVID-19 vaccines for emergency use:

- Moderna COVID-19 Vaccine (2024-2025 Formula) for individuals six months through 11 years of age;
- Novavax COVID-19 Vaccine, Adjuvanted, (2024-2025 Formula) for individuals 12 years of age and older; and
- Pfizer-BioNTech COVID-19 Vaccine (2024-2025 Formula) for individuals six months through 11 years of age.

FDA also approved the 2024-2025 Formulas for Comirnaty<sup>®</sup> and Spikevax<sup>®</sup>.

Find Out More

# FDA Podcasts Provide Important Updates to Health Care Providers

FDA is encouraging health care professionals to listen to its latest episodes on several of its podcasts. FDA's "Drug Safety Podcast" covers emerging safety information about certain medications. The podcast, "Q&A with FDA," covers the latest regulatory topics. Continuing education (CE) credit is available with select FDA episodes. If applicable, health care professionals will need to complete the post-test and evaluation at the end of each podcast episode to receive a certificate for CE credit. Not all podcast episodes are eligible for CE credit.

Listen to "Q&A with FDA"

## Fewer Than Half of Americans Consider Childhood Vaccinations Important, According to Gallup Survey

Fewer than half of Americans consider childhood vaccinations important, a decline from 58% in 2019 and 64% in 2001, according to a Gallup, Inc, survey. Similarly, investigators found that the percentage of Americans who viewed childhood vaccines as "extremely/very important" dropped from 84% in 2019 to 69% in 2024. Even with the decline in vaccination support, a substantial majority of adults reported being aware of the benefits of vaccines. The survey found that 88% of adults reported hearing a "great deal/fair amount" about the benefits of vaccinations, similar to the data from 2019.

Learn More

## CDC Introduces Worker Well-Being Database

The Health Enhancement Research Organization (HERO), in collaboration with CDC's National Institute for Occupational Safety and Health (NIOSH), is introducing the HERO Worker Well-Being Clearinghouse <u>database</u> – powered by the NIOSH Worker Well-Being Questionnaire (NIOSH WellBQ). The open-source database stores anonymized data from the English and Spanish versions of NIOSH WellBQ. Organizations can administer the NIOSH WellBQ assessment to their employees in the online portal to learn about workforce safety, health, and well-being. Employers will receive a complimentary report and the option to submit de-identified data to the HERO Clearinghouse to help practitioners, policymakers, and researchers understand worker well-being trends and dynamics.

Visit the HERO Website

## Pharmacist Intervention and Remote Monitoring Helped 74% of Patients Lower Blood Pressure

Researchers found that pharmacist interventions and a Bluetoothenabled remote monitoring system improved blood pressure control in patients with difficult-to-manage hypertension. In the preliminary 12month study, nearly 74% of adults (out of 205 participants) with blood pressure exceeding 140/90 mmHg were able to lower it by using a remote blood pressure monitoring system and working with pharmacists. During the program's first six months, participants were required to wear a blood pressure monitoring device that transmitted their readings to a central monitoring center where doctors and pharmacists could review the information. In the second six months, the information was transmitted directly to pharmacists. The pharmacists co-managed the patients' blood pressures by adjusting medications or discussing medication adherence via telehealth. Learn More



#### FDA Publishes 2023 MCMi Program Update Report

FDA has released its annual *MCMi Program Update* report, which details the agency's efforts to protect the United States from emerging infectious diseases and chemical, biological, radiological, and nuclear threats.

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